

# CHAMPIONNAT DU MONDE

Organisé par le LCPA

Pêches Sportives - Bord de mer

EDITION  
30  
JEUNES

EDITION  
21  
JUNIORS

23 au 30 Avril 2022

La Tremblade-Ronce les bains





## OFFICIAL LCPA PARTNERS AND THE COMPETITION



**yuki** INNOVATION  
LEADER







## **THE PRESIDENT OF THE FRENCH FEDERATION OF SPORT FISHING**

After the adults in 2021, the French Federation of Sport Fishing (FFPS) has been chosen to organize in 2022 the 30th World Championship Jeune and the 21st World Championship Juniors of Sea Angling.

I would like to thank the FIPS/Mer Board of Directors and especially its President Gilbert Zangerlé, as well as the FIPS/Mer Technical Commission for the confidence they have placed in our Federation of Sport Fishing.

This 2022 edition reserved for young international sea fishing anglers will take place on the beautiful beaches of the wild coast of La TREMBLADE.

As last year for the adults, the Loubine Club of the Presqu'île d'Arvert will do its best to welcome in all conviviality the various national delegations which will make us the honor to move.

In general these sandy beaches are much appreciated and fishing is productive, but as everyone knows fishing is still fishing and we must also count on the state of the ocean and the weather.

We will have a thought for the president of the organizing club Laurent AUBERT who passed away a short time ago.

I wish everyone a good stay in Aquitaine

**Jacques GOUPIL**



FRANCE  
LA TREMBLADE RONCE - LES - BAINS



## REGIONAL PRESIDENT

Welcome to LA TREMBLADE and to the beaches of the Côte Sauvage.

The sanitary crisis made us lose a year, it also had reason to organize the World Championship in MIMIZAN. It is a pity for the leaders of this nice town of Landes who were happy to receive the best anglers of the world. A pity also for its late President Alain.

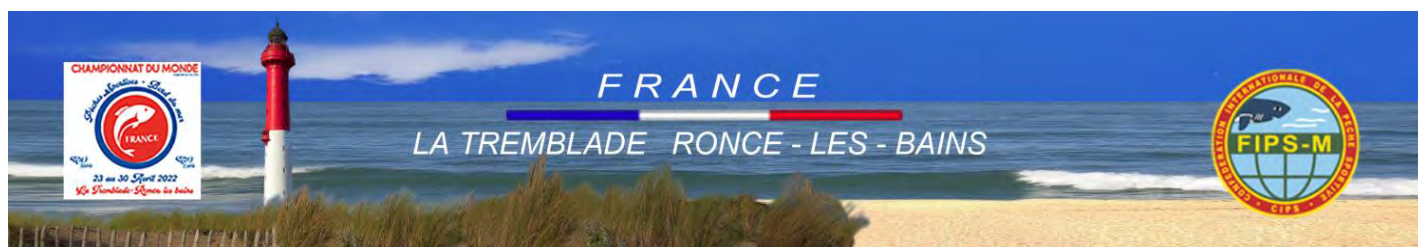
La Tremblade is not an emergency solution, it is a real choice of fishing. The Loubine Club of the Arvert Peninsula has already successfully organized a World Youth Championship in 2014 and a Club Championship in 2017. And no doubt that the whole region will be behind him to make this new world meeting a real party.

It is difficult to see many differences between the beaches of Mimizan or La Tremblade, in both sites it is the kingdom of sand and waves in which the bars like to hunt, in short it is the paradise of surf-casting.

We are waiting for you, we can't wait to be there.

**Patrick LACAMPAGNE**





## General information of competition venue

### Arrival

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By plane Bordeaux airport  
By train : Train station in La Rochelle or Saujon  
By road : motorway A10 exit SAINTES.

Official accommodation and meeting point

**AZUREVA- Ronce les Bains**  
**17, Avenue des sables – 17390 LA TREMBLADE**

### Money

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Euro (€)

### Climate

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The Atlantic coast, at this location, is privileged by its pleasant climate. The average daily temperatures in April are around 20°C.

### Fishing site

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The fishing site is located on sandy beaches.

The Atlantic tides for this period have maximum amplitude of 3 m between low and high tide. The fish mainly caught at this time of the year can be: sea bass - sole - turbot - etc... (See data sheet).

### Rules

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Only the FIPS-M rules will be applied. It is downloadable on the website :

[www.fips-m/statuts-reglements.fr](http://www.fips-m/statuts-reglements.fr)





## Competition venue

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Plages du Phare, La Bouverie, Pointe Espagnole, l'Embellie , Saint Palais et des Saumonards.



Camping Les Saumonards, Piste cyclable du Puit, 17190 Saint-Georges-d'Oléron, France

Latitude : 45.979907 | Longitude : -1.241425





Sémaphore de la Coubre, 17390 La Tremblade, France  
Latitude : 45.698882 | Longitude : -1.230539

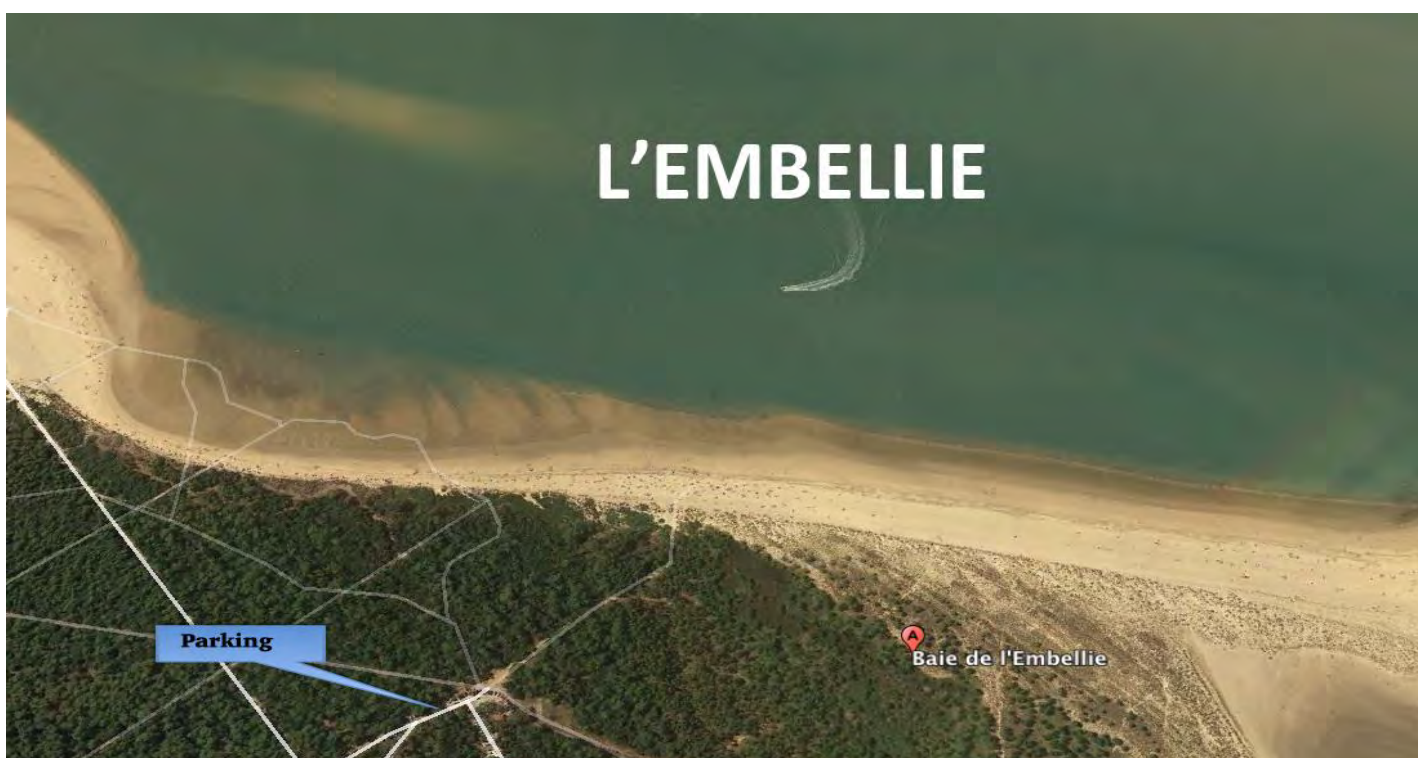


Plage de la Bouverie, Tranchée de Maumusson, 17390 La Tremblade, France  
Latitude : 45.729192 | Longitude : -1.230591





Parking de La Pointe Espagnole, Tranchée du Roitre des Bassets, 17390 La Tremblade, France  
Latitude : 45.778584 | Longitude : -1.237183



Parking Forestier de l'Embellie, Ligne 1 - Tranchée du Léopard, 17390 La Tremblade, France  
Latitude : 45.789971 | Longitude : -1.213948





Parking des Combots, Avenue de la Palmyre, 17420 Saint-Palais-sur-Mer, France  
Latitude : 45.667041 | Longitude : -1.140383

## Youths and Juniors

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|   |                        |
|---|------------------------|
| <b>Official training: 24<sup>th</sup> April:</b>    | <b>13 h 00-17 h 00</b> |
| <b>1<sup>st</sup> round: 25<sup>th</sup> April:</b> | <b>12 h 00-16 h 00</b> |
| <b>2<sup>nd</sup> round: 26<sup>th</sup> April:</b> | <b>12 h 30-16 h 30</b> |
| <b>3<sup>rd</sup> round: 27<sup>th</sup> April:</b> | <b>13 h 00-17 h 00</b> |
| <b>4<sup>th</sup> round: 28<sup>th</sup> April:</b> | <b>13 h 30-17 h 30</b> |



## Description of the beaches

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Beaches composed of fine sand, gently sloping with "baïnes".

## Method of fishing

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Fishing at the seaside: 20 meters will separate each fisherman in each sector. **It is forbidden to enter the water above the knee.** Fishing must be done on the dry part of the beach.

## Recommended equipment

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- Surf-casting canes from 4 to 5 m.
- Tripods and Rodpods.
- Waders.
- Leads from 100 to 200 gr
- Hooks from 6 to 2/0.
- Headlamp.

## Baits

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Baits are included in the commitment fee.

All marine worms and some crustaceans are excellent bait.

Bait normally selected for the championship:

- 3 boxes of maddies
- 2 boxes of Korean worms
- 3 sardines (frozen)

### **Bait Shop :**

Comptoir de la mer La Tremblade, 2 Rue de la Corderie, 17390 La Tremblade

## Fishes

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Everything will depend on the state of the ocean and the weather at that time: April is usually an excellent month for fishing. On our coast, the catches are mainly made up of sea bass and punted bass, mullet, sea bream, turbot and garfishes...

## Accounting of catches

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The championship will take place in "catch and release" however all the catches will be counted.

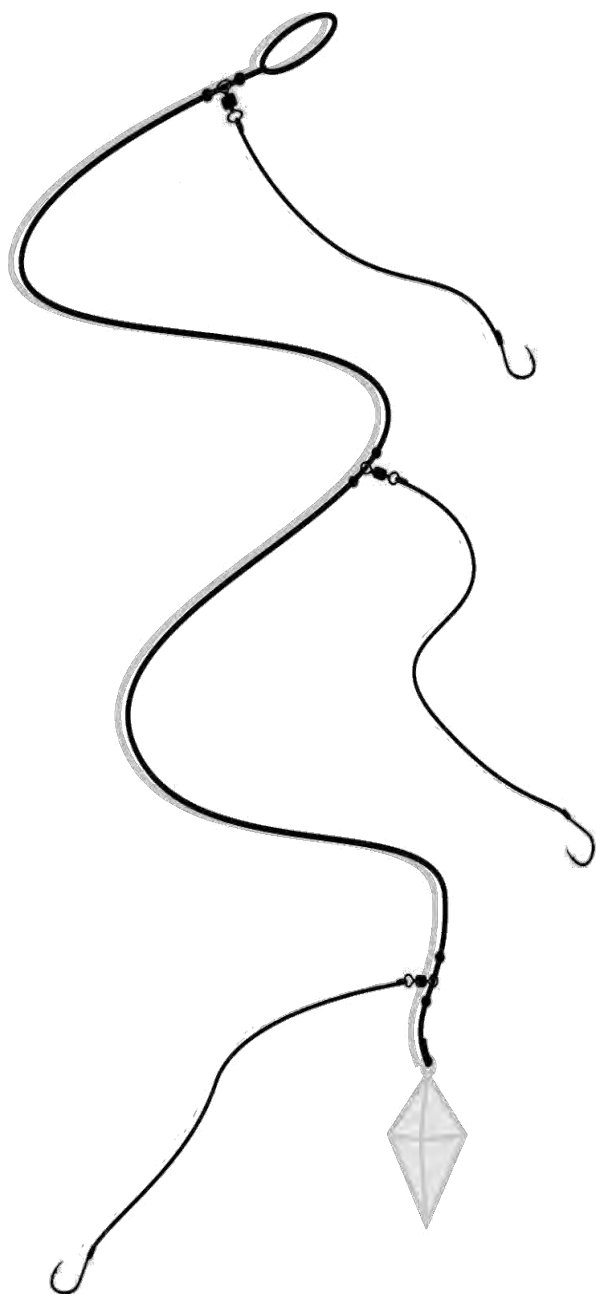
All fish will be measured and released. The number of points corresponding to the relation size-weight of the type of fish caught will be awarded. **Fish less than 15 centimeters: 1 point.**





## Traces

**Trace 1**



**Trace 2**



**Trace 1:** Line body 40 to 50/100, fluorocarbon advances 20 to 25/100 or amnesia 2.7kg. Length 70 to 100 cm, short shank hooks 6 to 8.

**Trace 2 :** Same characteristics except that the length of the line is 120 to 200 cm.

**Other materials:** rolling n°12, "Portuguese" lead types from 125 to 200gr.



# SPECIES FISHES TO BE FOUND

DRUM



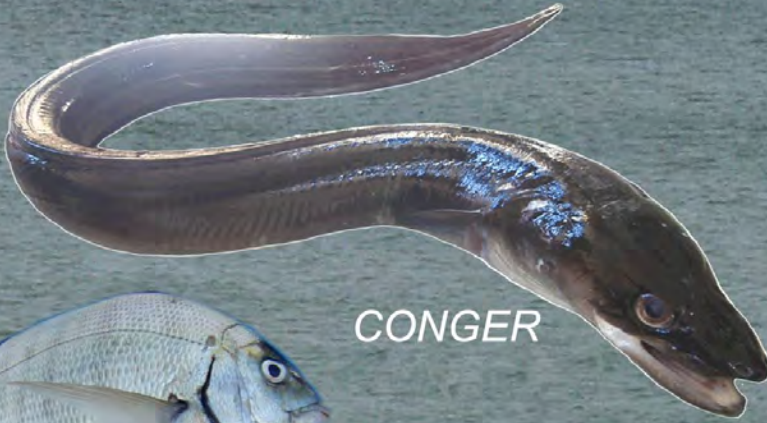
SEABASS



SEABREAM



CONGER



MAKREEL



WHITE SEABREAM



SOLE



GARFISH



WHITING



TURBOT



GURNARD



EEL



RED MULLET



SAND STEENBRAS



EUROPEAN-PLAICE



MULLET



SPOTTED BASS



LESSER WEEVER





| LENGTH (cm) | SEA BREAM       | SOLE | FLOUNDER | TURBOT | SEA BASS     | MEAGRE | MULLET | GARFISH | WEEVER |
|-------------|-----------------|------|----------|--------|--------------|--------|--------|---------|--------|
|             | GILTHEAD BREAM  |      | PLAICE   | BRILL  | SPOTTED BASS |        |        |         |        |
|             | BLACK BREAM     |      |          |        |              |        |        |         |        |
|             | STRIPPED BREAM  |      |          |        |              |        |        |         |        |
|             | WHITE SEA BREAM |      |          |        |              |        |        |         |        |
| 15          | 49              | 26   | 33       | 56     | 37           | 33     | 30     | 4       | 30     |
| 16          | 60              | 32   | 41       | 68     | 44           | 40     | 36     | 5       | 36     |
| 17          | 73              | 39   | 50       | 83     | 53           | 48     | 43     | 6       | 42     |
| 18          | 87              | 47   | 60       | 99     | 63           | 57     | 52     | 7       | 49     |
| 19          | 103             | 55   | 71       | 118    | 74           | 67     | 61     | 9       | 57     |
| 20          | 121             | 65   | 84       | 139    | 86           | 78     | 71     | 10      | 65     |
| 21          | 141             | 76   | 99       | 162    | 99           | 91     | 82     | 12      | 75     |
| 22          | 164             | 88   | 115      | 187    | 114          | 105    | 95     | 13      | 85     |
| 23          | 189             | 102  | 132      | 216    | 130          | 120    | 108    | 15      | 95     |
| 24          | 216             | 117  | 152      | 247    | 147          | 136    | 123    | 18      | 107    |
| 25          | 246             | 133  | 173      | 281    | 166          | 155    | 139    | 20      | 119    |
| 26          | 278             | 150  | 197      | 318    | 186          | 174    | 157    | 23      | 133    |
| 27          | 313             | 170  | 222      | 359    | 208          | 196    | 176    | 25      | 147    |
| 28          | 351             | 190  | 250      | 402    | 232          | 219    | 196    | 29      | 162    |
| 29          | 393             | 213  | 280      | 450    | 257          | 243    | 218    | 32      | 178    |
| 30          | 437             | 237  | 313      | 501    | 284          | 270    | 242    | 35      | 195    |
| 31          | 485             | 263  | 348      | 555    | 313          | 298    | 267    | 39      | 213    |
| 32          | 536             | 291  | 386      | 614    | 344          | 328    | 294    | 43      | 232    |
| 33          | 591             | 321  | 426      | 677    | 377          | 361    | 323    | 48      | 252    |
| 34          | 650             | 353  | 469      | 744    | 411          | 395    | 353    | 52      | 273    |
| 35          | 712             | 387  | 516      | 816    | 448          | 432    | 386    | 57      | 295    |
| 36          | 778             | 424  | 565      | 892    | 487          | 471    | 420    | 62      | 319    |
| 37          | 849             | 462  | 617      | 973    | 528          | 512    | 457    | 68      | 343    |
| 38          | 923             | 503  | 673      | 1058   | 572          | 555    | 495    | 74      | 369    |
| 39          | 1002            | 547  | 732      | 1149   | 617          | 601    | 535    | 80      | 395    |
| 40          | 1086            | 592  | 795      | 1245   | 665          | 649    | 578    | 86      | 423    |
| 41          | 1174            | 641  | 861      | 1346   | 715          | 700    | 623    | 93      | 452    |
| 42          | 1267            | 692  | 931      | 1453   | 768          | 753    | 670    | 101     | 483    |
| 43          | 1365            | 746  | 1004     | 1566   | 823          | 809    | 720    | 108     | 514    |
| 44          | 1468            | 802  | 1082     | 1684   | 881          | 868    | 772    | 116     | 547    |
| 45          | 1576            | 862  | 1164     | 1808   | 942          | 930    | 826    | 125     | 581    |
| 46          | 1690            | 924  | 1249     | 1939   | 1005         | 994    | 883    | 133     | 617    |
| 47          | 1809            | 989  | 1340     | 2075   | 1071         | 1062   | 942    | 143     | 653    |
| 48          | 1933            | 1058 | 1434     | 2218   | 1140         | 1132   | 1004   | 152     | 691    |
| 49          | 2064            | 1130 | 1533     | 2368   | 1211         | 1206   | 1069   | 162     | 731    |
| 50          | 2200            | 1205 | 1637     | 2524   | 1286         | 1283   | 1136   | 173     | 772    |
| 51          | 2342            | 1283 | 1745     | 2688   | 1363         | 1363   | 1207   | 184     | 814    |
| 52          | 2490            | 1365 | 1859     | 2858   | 1444         | 1446   | 1280   | 195     | 858    |
| 53          | 2645            | 1450 | 1977     | 3036   | 1527         | 1532   | 1356   | 207     | 903    |
| 54          | 2806            | 1539 | 2100     | 3221   | 1614         | 1622   | 1435   | 220     | 949    |
| 55          | 2974            | 1631 | 2229     | 3414   | 1704         | 1716   | 1517   | 233     | 998    |
| 56          | 3148            | 1727 | 2363     | 3615   | 1797         | 1813   | 1602   | 246     | 1047   |
| 57          | 3329            | 1827 | 2502     | 3823   | 1893         | 1913   | 1690   | 260     | 1098   |
| 58          | 3517            | 1931 | 2647     | 4039   | 1993         | 2018   | 1781   | 274     | 1151   |
| 59          | 3713            | 2039 | 2798     | 4264   | 2096         | 2126   | 1876   | 289     | 1205   |
| 60          | 3916            | 2151 | 2955     | 4497   | 2203         | 2238   | 1974   | 305     | 1261   |
| 61          | 4126            | 2267 | 3117     | 4739   | 2313         | 2354   | 2075   | 321     | 1318   |
| 62          | 4344            | 2388 | 3286     | 4989   | 2427         | 2473   | 2180   | 338     | 1377   |
| 63          | 4569            | 2512 | 3460     | 5249   | 2545         | 2597   | 2288   | 355     | 1438   |
| 64          | 4802            | 2641 | 3641     | 5517   | 2666         | 2725   | 2400   | 373     | 1500   |
| 65          | 5044            | 2775 | 3829     | 5795   | 2791         | 2857   | 2515   | 391     | 1564   |
| 66          | 5293            | 2913 | 4023     | 6082   | 2919         | 2993   | 2634   | 410     | 1630   |
| 67          | 5551            | 3056 | 4224     | 6379   | 3052         | 3134   | 2757   | 430     | 1697   |
| 68          | 5817            | 3203 | 4432     | 6685   | 3189         | 3279   | 2883   | 450     | 1766   |
| 69          | 6092            | 3355 | 4646     | 7002   | 3329         | 3428   | 3014   | 471     | 1837   |
| 70          | 6376            | 3513 | 4868     | 7328   | 3474         | 3582   | 3148   | 493     | 1909   |



## PROGRAM

### Saturday 23<sup>th</sup> April

- **14h** Reception teams
- **17 h** opening ceremony
- **20 h** Diner

### Sunday 24<sup>th</sup> April

- **07 h** Breakfast
- **08 h 30** Captain meeting
- **11 h** Distribution of baits and lunch packs
- **13 h - 17 h** Beginning of the Official Training
- **19 h** Establishment of the Ranking for the training round  
Youths and Juniors
- **20 h 30** Diner

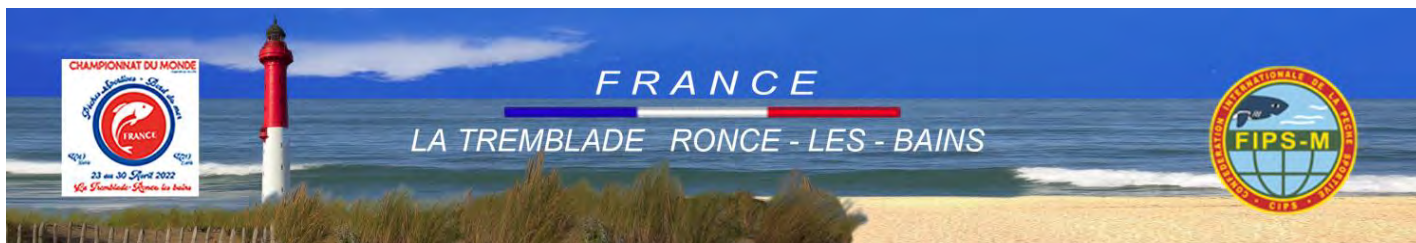
### Monday 25<sup>th</sup> April

- **07 h** Breakfast
- **10 h** Distribution of baits and lunch packs
- **12 h - 16 h** 1<sup>st</sup> official round
- **18 h** Establishment of the Ranking for the 1<sup>st</sup> official round  
Youths and Juniors
- **20 h** Diner

### Tuesday 26<sup>th</sup> april

- **07 h** Breakfast
- **10 h 30** Distribution of baits and lunch packs
- **12 h 30 - 16 h 30** 2<sup>nd</sup> official round
- **18 h** Establishment of the Ranking for the 2<sup>nd</sup> official round  
Youths and Juniors
- **20 h** Diner





## Wednesday 27<sup>th</sup> April

- **07 h** Breakfast
- **11 h** Distribution of baits and lunch packs
- **13 h - 17 h** 3<sup>rd</sup> official round
- **19 h** Establishment of the Ranking for the 3<sup>rd</sup> official round  
Youths and Juniors
- **20 h 30** Diner

## Thursday 28<sup>th</sup> April

- **07 h** Breakfast
- **11 h 30** Distribution of baits and lunch packs
- **13 h 30 - 17 h 30** 4<sup>th</sup> official round
- **19 h** Establishment of the Ranking for the 4<sup>th</sup> official round  
Youths and Juniors
- **20 h 30** Diner

## Friday 29<sup>th</sup> April

- **08 h** Breakfast
- **12 h 30** Lunch
- **19 h** Prize Giving Ceremony
- **20 h 30** Gala diner

## Saturday 30<sup>th</sup> April

- **08 h** Breakfast and departure of the teams



## COST OF STAY

- **Price per competitor: 700 €**  
(Baits, Full board + Gala diner)
- **Price per captain, reserve and accompanying person: 600 €**  
(Baits, Full board + Gala diner)
- **Price per team without hotel costs: 1750 €**  
(Without overnight stay, without breakfast, without lunch (or packed lunch)  
without the evening meal and without the Gala diner)
- **Price per Competitor without hotel expenses: 350 €**  
(Without overnight stay, without breakfast, without lunch (or packed lunch)  
without evening meal and Gala diner)
- **Price per captain and reserve without hotel expenses: 200 €**  
(Without overnight stay, without breakfast, without lunch (or packed lunch)  
without evening meal and Gala diner)
- **Price for an extra day outside the package: 80 €**  
(Full board)
- **Price for an extra day outside the package: 70 €**  
(Half board)
- **Gala diner price: 60 €**

*These sums will be sent with the registration form.  
- - Before 1/03/2022.*

Organization Contact

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[cdmlatremblade@gmail.com](mailto:cdmlatremblade@gmail.com)





## **TERMS OF PAYMENT**

**All payments will be made by bank transfer to the attention of:**

**LOUBINE CLUB PRESQU'ILE D'ARVERT  
LCPA**

**DOMICILIATION : CCM LA TREMBLADE**

| <b>CODE BANQUE</b> | <b>CODE GUICHET</b> | <b>NUMERO DE COMPTE</b> | <b>CLE RIB</b> |
|--------------------|---------------------|-------------------------|----------------|
| <b>15519</b>       | <b>39083</b>        | <b>00020166501</b>      | <b>91</b>      |

**IBAN : FR76 1551 9390 8300 0201 6650 191**

**Adresse SWIFT (BIC) : CMCIFR2A**

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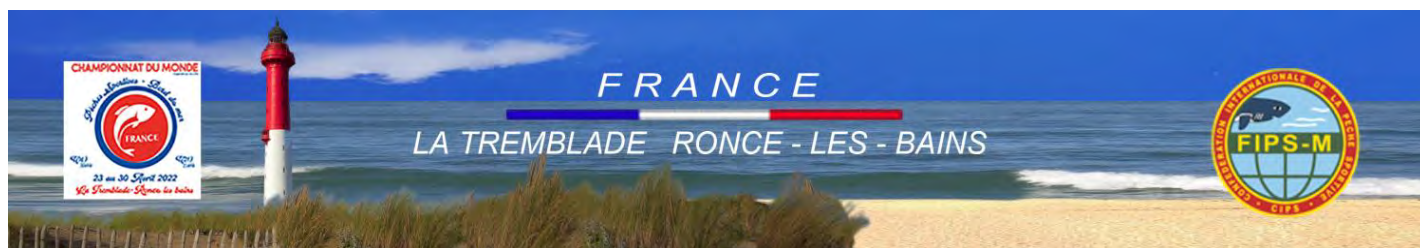
## ACCOMMODATION INFORMATION

Individuals or teams wishing to stay at the World Championship site before April 23<sup>th</sup> and after April 29<sup>th</sup> will have to fill in the form: Additional days and nights attached to the file.

Accommodation Site :







## REGISTRATION FORM

Return before

**1/03/2022**

Country : .....

Federation : .....

Youth ☐ (Birthday : 2005 - 2009)

|   | First Name | Surname | Date of birth |
|---|------------|---------|---------------|
| 1 |            |         |               |
| 2 |            |         |               |
| 3 |            |         |               |
| 4 |            |         |               |
| 5 |            |         |               |
| R |            |         |               |

Team Manager and Representative

| First Name | Surname |
|------------|---------|
|            |         |
|            |         |
|            |         |

**ADMINISTRATIVE FILE TO BE SENT :**

[cdmlatremblade@gmail.com](mailto:cdmlatremblade@gmail.com)



## REGISTRATION FORM

Return before

**1/03/2022**

Country : .....

Federation : .....

Juniors ☐ (Birthday : 2000 - 2004)

|   | First Name | Surname | Date of birth |
|---|------------|---------|---------------|
| 1 |            |         |               |
| 2 |            |         |               |
| 3 |            |         |               |
| 4 |            |         |               |
| 5 |            |         |               |
| R |            |         |               |

Team Manager and Representative

| First Name | Surname |
|------------|---------|
|            |         |
|            |         |
|            |         |

ADMINISTRATIVE FILE TO BE SENT :

[cdmlatremblade@gmail.com](mailto:cdmlatremblade@gmail.com)





## REGISTRATION FORM

### ESCORTS

- Return before

**1/03/2022**

Country : .....

Federation : .....

| Name | Surname |
|------|---------|
|      |         |
|      |         |
|      |         |
|      |         |
|      |         |
|      |         |
|      |         |
|      |         |
|      |         |
|      |         |

**ADMINISTRATIVE FILE TO BE SENT :**

[cdmlatremblade@gmail.com](mailto:cdmlatremblade@gmail.com)



## ADDITIONAL DAYS

|                    | Price          | Quantity | Total | Date |
|--------------------|----------------|----------|-------|------|
| Night + full board | <b>80,00 €</b> |          | €     |      |
| Night + half board | <b>70,00 €</b> |          | €     |      |

|              |          |
|--------------|----------|
| <b>TOTAL</b> | <b>€</b> |
|--------------|----------|

## SUMMARY SHEET

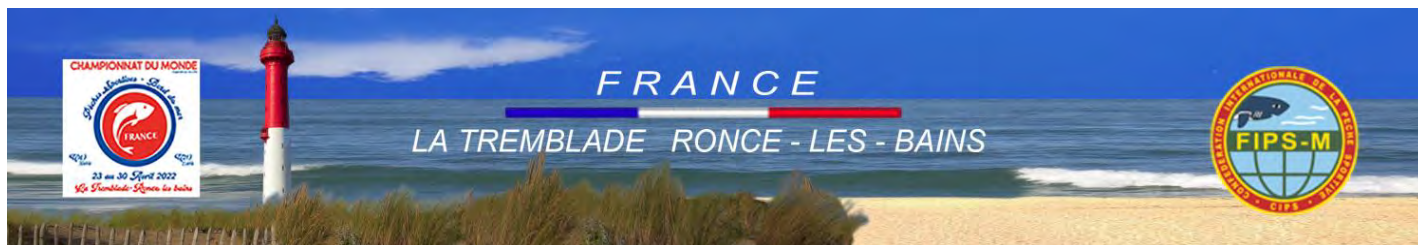
|                                    | Price         | Quantity | Total |
|------------------------------------|---------------|----------|-------|
| Competitors                        | <b>700 €</b>  |          |       |
| Reserve                            | <b>600 €</b>  |          |       |
| Captain                            | <b>600 €</b>  |          |       |
| Competitors without hotel          | <b>350 €</b>  |          |       |
| Captain and reserve without hotel  | <b>200 €</b>  |          |       |
| Team (5 competitors) without hotel | <b>1750 €</b> |          |       |
| Gala diner                         | <b>60 €</b>   |          |       |
| <b>Total</b>                       |               |          |       |

**Date of arrival of the delegation:**

**ADMINISTRATIVE FILE TO BE SENT :**

[cdmlatremblade@gmail.com](mailto:cdmlatremblade@gmail.com)





## BAITS



## ***RESERVATION REQUIRED***

*The order of the baits before the competition will have to be done on this address:*  
[ucomadirection@comptoirdelamer.com](mailto:ucomadirection@comptoirdelamer.com)

**Please complete the table of the date of you want the order**

### **Price of baits :**

|                            |                          |                      |
|----------------------------|--------------------------|----------------------|
| <b><i>Maddies</i></b>      | <b><i>1 box</i></b>      | <b><i>4,00 €</i></b> |
| <b><i>Korean worms</i></b> | <b><i>1 box</i></b>      | <b><i>5,50 €</i></b> |
| <b><i>Sardines</i></b>     | <b><i>3 (frozen)</i></b> | <b><i>3,50 €</i></b> |



## ORDER FORM

| Country  |         |                        |                        |                        |                        |                        |       |
|--|---------|------------------------|------------------------|------------------------|------------------------|------------------------|-------|
| BAITS  | Price   | 19/04/2022<br>Quantity | 20/04/2022<br>Quantity | 21/04/2022<br>Quantity | 22/04/2022<br>Quantity | 23/04/2022<br>Quantity | Total |
| Maddies  | 4,00 €  |                        |                        |                        |                        |                        |       |
| Korean worms   | 5,50 €  |                        |                        |                        |                        |                        |       |
| Sardines (frozen)                                    | 3,50 €  |                        |                        |                        |                        |                        |       |
| LOT : 3 maddies, 2 korean worms, 3 sardines (frozen) | 26,50 € |                        |                        |                        |                        |                        |       |

**Send this document by mail to**

**ucomadirection@comptoirdelamer.com**

**Payment by bank transfer**

| Relevé d'identité bancaire               |              |                  |         |
|--|--------------|------------------|---------|
| CREDIT LYONNAIS                          |              |                  |         |
| DOMICILIATION : LCL ARCACHON             |              |                  |         |
| Code établissement                       | Code guichet | Numéro de compte | Clé RIB |
| 30002                                    | 01831        | 0000073192Q      | 29      |
| BIC - SWIFT : CRLYFRPP                   |              |                  |         |
| IBAN : FR51 3000 2018 3100 0007 3192 Q29 |              |                  |         |
| Titulaire du compte : COMPTOIR DE LA MER |              |                  |         |
| QUAI DE GOSLAR                           |              |                  |         |
| 33120 ARCACHON                           |              |                  |         |
| SIRET : 34766963200015                   |              |                  |         |





## Fishing stores partners of the LCPA



Comptoir de la mer La Tremblade

2 Rue de la Corderie

17390 La Tremblade  
+33 546 360 179



Au fin bouchon

25 Rue Pierre Loti, 17200 Royan  
+33 546 065 797

**Pro Pêche 17**  
Guillaume Roché

A CÔTÉ DE ROCHEFORT

MAGASIN DE PÊCHE DE 300m²  
**SPECIALISTE SURCASTING**  
APPÂTS DE QUALITÉ FRAIS OU CONGELÉS

SHIMANO DAIWA YUKI SUNSET

**OUVERT TOUS LES JOURS**  
Sauf Dimanche et lundi matin  
9h - 12h / 14h - 18h

**05 46 82 22 58**

A côté du SUPER U - 24 Rue des Coquilliers  
**17620 ECHILLAIS**

OFFICIAL LCPA PARTNERS  
AND THE COMPETITION



**yuki** INNOVATION  
LEADER



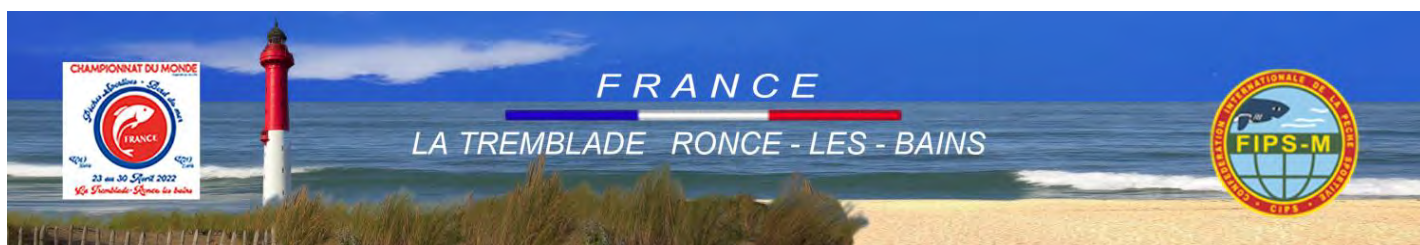


Thank you for your visit and participation



LA TREMBLADE  
RONCE LES BAINS

**The CIPS / FIPS-M Covid-19 Safety Protocol will be strictly respected. All participants must complete the CIPS / FIPS-M self declaration**







## **ESSENTIAL ANTI-DOPING ADVICE**

Athletes are reminded if they take any medication they must check it against the WADA Prohibited Substance & Methods list.

Particular attention must be paid to the use of anti- hypertensive agents, especially diuretics, which are popular in singular preparation and/or in a combination with other normally permitted drugs.

Diuretics are always forbidden.

For these reasons, it is necessary for every athlete or National Federation to check the list for prohibited substances and process a TUE as necessary. The Therapeutic Use Exemption (TUE) must be granted before taking a prohibited medication.

An application for a TUE must be requested 30 days before taking part in the championships. The application forms must be filled in carefully with your physician/doctor who must authorise the application. A physician's certificate or prescription on its own does not mean that the athlete has permission to use the prohibited substance or method.

The application should be completed either in English or French and sent directly to the office of the CIPS President.

Email: [office@cips-fips.com](mailto:office@cips-fips.com)

Every athlete has a right to clean sport

WORLD ANTI DOPING AGENCY

<https://www.wada-ama.org/>

