

IMPARTIALITY  
COOPERATION  
TRUTH  
TOLERANCE  
HELP  
DETERMINATION  
RESPECT  
COURAGE  
JUSTICE  
HONESTY



## Sportive Ethics

Promoting the practice of ethic values regarding the sportive practice with truth, respect, responsibility, friendship, cooperation, amongst many others.



# SPORTIVE ETHICS FOR ALL

## Sportive Ethics

The sportive ethics tells us how all the involved in the practice of sportive activity must behave. It's very important because it can help us prevent:

- The violence in sports
- Doping
- Racism
- Xenophobia
- Social discrimination

The practice of ethical behaviour in sports is not just for practitioners or coaches, there are many more people involved, like:

- Educators and parents;
- Referees and Judges;
- Health professionals;
- Leaders and Sportive Entities;
- Social Communication



## Doping

When we use substances to alter our sportive performance

## Xenophobia

When we discriminate foreign people

## Discrimination

When we treat someone unfairly or don't give them the same opportunities just for being different



## Education Through Sports

**The practice of sports helps to form and educate for citizenship, with values such as:**

- Respect for other people and rules
- Respect for privacy
- Respect for one's own body
- Learning to win and to lose
- Healthy lifestyles
- Respect for the environment
- Respect for recreational, leisure and sports spaces
- Teamwork

## Values of the Sportive Ethics

**Truth** – the sportive truth exists when the sportive agents behave in a way as to not alter results or performances.

**Cooperation** – when all the sportive agents work together to reach common goals.

**Impartiality** – this value is so important for the ones with the task to judge and evaluate sportive performances.

**Tolerance** – accepting the ones who are different, without trying to change what each one is.

**Help** – being available to help the ones who need it, even if it goes against our personal interests.

**Determination** – truly important to achieve our goals and help us to not give up on our dreams.

**Respect** – respect for others, for ourselves, for the organizations, for the rules and for the values is fundamental.

**Courage** – have the courage to pursue goals, overcome barriers and obstacles or even assume our errors.

**Justice** – wait and demand justice for ourselves and others, treat everyone in a fair and correct way.